

Indoor P.E 2023-2024 long-term plan

Reception / KS1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Sport	Dance	Yoga	Gymnastics	Dance	Gymnastics	Circuit Training
Topic	EYFS Dance Until You Drop		Y2 Landscapes and Cityscapes	Y2 Toys	Y2 Under the Sea	Y2 Circuit Training

Lower KS2 (Y3/4)	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Sport	Swimming	Swimming	Dance	Gymnastics	Dance	Circuit Training
Topic			Y4 Romans	Y4 Movement	Y4 Carnival of the Animals	Y4 Circuit Training

Upper KS2 (Y5/6)	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Sport	Gymnastics	Gymnastics	Dance	Gymnastics	Dance	Circuit Training
Topic	Y6 Movement	Y6 Shape and Balance	Y6 Electricity	Y6 Rives and Mountains	Y5 WWII	Y6 Circuit Training